

# Ayahuasca in Peru

## South America

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## Cure for the Body and Soul - Ayahuasca: the Ancient Medicine of the Incas

**The Ayahuasca:** (usually pronounced /aɪjə'wæskə/ or /'aɪjə'wɑːskə/), is a psychedelic brew of various plant infusions prepared with the Banisteriopsis caapi vine. It is either mixed with the leaves of dimethyltryptamine (DMT)-containing species of shrubs from the genus Psychotria or with the leaves of the Justicia pectoralis plant, which does not contain DMT.

How indigenous peoples discovered the synergistic properties of the plants used in the ayahuasca brew remains unclear. Many indigenous Amazonian people say they received the instructions directly from plants and plant spirits

## Effects

### How does it work?

People who have consumed ayahuasca report having spiritual revelations regarding their purpose on earth, the true nature of the universe as well as deep insight into how to be the best person they possibly can be. This is viewed by many as a spiritual awakening and what is often described as a rebirth. In addition it is often reported that individuals can gain access to higher spiritual dimensions and make contact with various spiritual or extra dimensional beings who can act as guides or healers.

It is nearly always said that people experience profound positive changes in their life subsequent to consuming ayahuasca and it is often viewed as one of the most effective tools of enlightenment. There are many reports of miraculous physical as well as emotional and spiritual healing resulting from the use of ayahuasca.

For various reasons many shamans and experienced users of ayahuasca advise against consuming ayahuasca when not in the presence of one or several well-trained shamans. It is believed that one of the core functions of a shaman is to provide a kind of spiritual protection that keeps negative entities away. This includes not only spirits but other shamans referred to as brujos who practice a form of shamanic witchcraft and can enter the space and attempt to harm people having consumed ayahuasca.

Additionally, these brujos often masquerade as real shamans enticing tourists to drink ayahuasca in their presence. Real shamans believe one of the purposes for this is to steal one's energy and or power, which they believe every person has a stockpile of. It is believed to be very important for individuals seeking an ayahuasca experience to find a reputable shaman before hastily drinking with anyone who claims to be a shaman or offers one ayahuasca.

Certain pharmaceutical drugs, particularly SSRIs, can cause dangerous reactions when consumed with ayahuasca. Any anti-anxiety or antidepressant medication should strictly be avoided for at least one week before and after an ayahuasca ceremony. It is recommended that if you are taking any medications that you consult your doctor well in advance.

# The Shaman

## Donaldo Roque Cumapa

### Master healer, Shaman

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Donaldo Roque Cumapa: a quack doctor of the Peruvian Amazonian tradition. Donaldo born 17 December 1966 in the native community of Santa Clara Yarinacocha district and province of Coronel Portillo – Ucayali Region. He has 25 years of experience with the work of the ceremonies. Donaldo has a family that makes up six daughters and one son all 7 children, currently live in the community of Santa Clara, this community is located approximately 50 minutes from the city of Pucallpa. Donaldo has a resoluci Regional Directorial N: 044MC – Ucayali, meaning through the Ministry of Culture. His grandfather and father were very young healers and learned from them the rudiments of his art and his first knowledge of mother nature plants of the Amazon. In our country the Amazonian native peoples, Quechua and Aymara domesticarlas plants since 6000 years ago. This allows them to be possessors and guardians of an important experiential wisdom in using them. Par cure the teacher has developed its own method of healing. He examines the patient focusing on his full name and place of residence. With the information thus obtained begins the cure making plants, this allows the healer and patient clearly envision the disease or problem that goes through and the type of treatment or cure to implement.

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## Eric Albino Lliuya

### Coordinator of the ceremony

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Eric Albino did Ayahuasca 5 times with Sir Donaldo Roque Cumapa: a quack doctor of the Peruvian Amazonian tradition in the native community of Santa Clara Yarinacocha district and province of Coronel Portillo – Ucayali Region.

If you are interested about it – please contact us!

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# The Usage?

## How to drink?

Users of ayahuasca in non-traditional contexts often align themselves with the philosophies and cosmologies associated with ayahuasca shamanism, as practiced among indigenous peoples. While non-native users know of the spiritual applications of ayahuasca, a less well-known traditional usage focuses on the medicinal properties of ayahuasca. When used for its medicinal purposes ayahuasca affects the human consciousness for less than six hours, beginning half an hour after consumption, and peaking after two hours. Ayahuasca also has cardiovascular effects, moderately increasing both heart rate and diastolic blood pressure. In some cases, individuals experience psychological stress during the experience. It is for this reason that extreme caution should be taken with those who may be at risk of heart disease. The psychedelic effects of ayahuasca include visual and auditory stimulation, the mixing of sensory modalities, and psychological introspection that may lead to great elation, fear, or illumination. When taking

Ayahuasca it is important to follow the advised dietary restrictions. In the rainforest, these tend towards the purification of one’s self – abstaining from spicy and heavily-seasoned foods, excess fat, salt, caffeine, acidic foods (such as citrus) and sex before, after, or during a ceremony.

Prices & Dates

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 MAY 2025 / 01 MAY 2025

\$ 650



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PRICE (USD)

TRAVEL STATUS

01 JUN 2025 / 01 JUN 2025

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**PRICE (USD)**

**TRAVEL STATUS**

01 AUG 2025 / 01 AUG 2025

**\$ 650**



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- » Additional dates available upon request
- » Rates may vary from July 26th to 31th for the national holidays

**Prices (per person):**

<b>1 PAX</b>	<b>2 PAX</b>	<b>4 PAX</b>	<b>6 PAX</b>	<b>8 PAX</b>	<b>10 PAX</b>	<b>12 PAX</b>	<b>14 PAX</b>
1300 USD	650 USD	600 USD	550 USD	500 USD	480 USD	450 USD	430 USD

**Deposit for reservations:** — USD (– EUR) ✓ Full payment 40 days before. No refund if you cancel less than 30 days!

**Places:** \*Available

**Trip-code:** Number ►PER-

**Duration:** 01 days

**Participants:** Minimal: 4 Maximal: 12

**Members:** We don't have an open group to join – We can open a new group – [Contact us!](#)

**Country / Location:** Peru

**Mountain Guide:** Eric Albino Lliuya

**Other dates / additional info:** [Contact us!](#)

*3% early bird discount when booking 6 months prior to departure 2025*

**Legend Booking-information:**

**EZZ** Single room supplement

☐ On this trip, places are still available.

☐ On this trip, only a few places left.

☐ This trip is sold out / closed.

**Eric Albino Lliuya**

Expert guide certified by AGOMP

Tour-guide of Peru Expeditions

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